

Herbalicious Garlic Dip



Ingredients

1 garlic clove
1 handful fresh basil (leaves only)
1 spring onion
100g reduced fat cheese
2 tablespoons mayonnaise
1 cup reduced fat Greek yoghurt
Pinch of salt and pepper

For dipping:

2 carrots
1 capsicum
150g (12) snow peas
1 packet plain rice crackers

Equipment

Chopping board
Knife
Grater
Bowl
Measuring cups
Measuring spoons
Spoon
Serving platter



How to make it



1. Peel garlic clove and dice into very small pieces. Chop basil leaves and slice spring onion into small pieces. Grate cheese.



2. Add garlic, basil, spring onion, cheese, mayonnaise, Greek yoghurt, salt and pepper into a bowl and mix well.



3. Slice carrots and capsicum into sticks. Slice off ends of snow peas.



4. Arrange the vegetables, crackers and dip on a platter.



nom!