

Super Fruity French Toast



Serves

8



Use plain bread instead & serve as either sweet or savoury.



Ingredients

- 8 slices fruit bread
- 4 eggs
- 1 cup low fat milk
- 1 tablespoon vanilla essence
- Spray oil
- 2 tablespoons icing sugar
- 1 tablespoon cinnamon
- 4 bananas



Equipment

- Electric or large frypan
- Large bowl
- Small bowl
- Measuring cups
- Tablespoon
- Knife
- Chopping board
- Spatula
- Whisk or fork
- Small sieve



Tasty learning for life



How to make it



1. Crack eggs into bowl and whisk in milk and vanilla.



2. Turn frypan to medium heat, spray with oil. Dip one piece of fruit bread into egg mix turning over to cover each side.



3. Place bread into frypan and cook on each side until golden brown. Repeat with remaining pieces of bread.



4. Cut bananas into thin slices and place onto cooked toast.



5. Mix icing sugar and cinnamon together in small bowl. Place mixture into small sieve and sprinkle over toast.



nom!